

# May 2024

# Elementary School Lunch

Monday

*Did you know?*

Cinco de Mayo ("The Fifth of May") celebrates the victory of the Mexican army over the French army at The Battle of Puebla in 1862.

Tuesday

Wednesday

Thursday

Friday

**6** Beef Hamburger

WG Roll W/ Cheese or Plain, Lettuce & Tomato, Sweet Potato Fries, Peach Cup  
Fat Free Milk  
ALTERNATE ENTRÉE  
Bagel & Yogurt Meal

**7** Cheesy Chicken

Fajitas W/ WG Soft Shell Tortillas Salsa & Sour Cr., Pepper Strips Mexicali Corn, Oranges  
Fat Free Milk  
ALTERNATE ENTRÉE  
Grilled Cheese

**8** Professional Development

Half Day  
No Lunch

**9** Breakfast for Lunch

Egg Patty & Cheese on a WG Croissant, Baked Tater Tots, Cucumber Coins, Raisins, Milk  
ALTERNATE ENTRÉE  
Bagel & Yogurt Meal

**10** Mozzarella Sticks

W/ Marinara Sauce Steamed Broccoli Florets, Mixed Fruit Cocktail  
Fat Free Milk  
ALTERNATE ENTRÉE  
Sun butter & Jelly

**13** BBQ Rib Sandwich

WG Hoagie Roll, Baked Fries, Seasoned Green Beans, Apple Sauce  
Fat Free Milk  
ALTERNATE ENTRÉE  
Bagel & Yogurt Meal

**14** Nachos W/

Beef & Cheese Sauce Tomatoes, Shredded Lettuce, Salsa, Corn  
Fruit Cup, Fat Free Milk  
ALTERNATE ENTRÉE  
Grilled Cheese

**15** Chicken Nuggets

W/ Dipping Sauce Smile Fries, Honey Dill Carrots, Pear Cup  
Fat Free Milk  
ALTERNATE ENTRÉE  
Bagel & Yogurt Meal

**16** Grilled Cheese on

WG Bread, Tomato Soup, Carrot Sticks W/ Ranch Dip, Apple slices  
Fat Free Milk  
ALTERNATE ENTRÉE  
Bagel & Yogurt Meal

**17** Tony's Pizza

Cheese or pepperoni Garden Salad W/ Spinach & Tomatoes, Fresh Watermelon  
Fat Free Milk  
ALTERNATE ENTRÉE  
Sun butter & Jelly

**20** Hot Dog on a

WG Bun, Sweet Potato Tots, Baked Beans, Apple Slices  
Fat Free Milk  
ALTERNATE ENTRÉE  
Bagel & Yogurt Meal

**21** Orange Chicken

W/ Brown Rice, Steamed Broccoli Mandarin Oranges  
Fat Free Milk  
ALTERNATE ENTRÉE  
Grilled Cheese

**22** WG Ziti &

Beef Meatballs W/ Spaghetti Sauce Romaine Salad, WG Roll  
Peach Cup, Fat Free Milk  
ALTERNATE ENTRÉE  
Bagel & Yogurt Meal

**23** Crispy Fish Sticks

Oven Baked Fries, Seasoned Carrots Cole Slaw, Tartar Sauce  
Strawberry Jello Cup  
Fat Free Milk  
ALTERNATE ENTRÉE  
Grilled Cheese

**24** Cheese Stuffed

Breadsticks W/ Marinara Sauce, Fresh Red & Green Pepper Strips W/Dip, Grapes,  
Fat Free Milk  
ALTERNATE ENTRÉE  
Sun Butter & Jelly

**27** Memorial Day

Day  
No School

**28** Chicken Patty On

WG Roll W/ Lettuce & Tomato, Baked Beans, Steamed Carrots,  
Fruit Cup, Fat Free Milk  
ALTERNATE ENTRÉE  
Grilled Cheese

**29** Beef Tacos W/

Crispy Hard Shell Tortilla Lettuce, Tomato, cheese, Salsa, Side of Cowboy Corn Salad, Pear Cup  
Fat Free Milk  
ALTERNATE ENTRÉE  
Bagel & Yogurt Meal

**30** Boneless Chicken

Drummies Baked Tater Tots, Seasoned Green Beans  
Tropical Fruit Mix  
Fat Free Milk  
ALTERNATE ENTRÉE  
Grilled Cheese

**31** Stuffed Crust

Pizza Mixed Garden Salad w/ Cucumbers & Tomatoes  
Assorted Fresh Fruit  
Fat Free Milk  
ALTERNATE ENTRÉE  
Sun butter & Jelly

## What Makes a Lunch?

Select 3-5 Components



One must be a



Students MUST take AT LEAST 3 out of 5 meal components to be considered a complete meal. A ½ cup Fruit or ½ cup vegetable is MANDATORY W/ a meal.

The 5 components to choose from are: Meat/Meat Alternate, Grain, Milk, Fruit, and Vegetable.

Milk is FREE W/ a School Meal. Purchased separately Milk is \$ .60.

## Great News!

As Participants in the Community Eligibility Provision All Elementary School Students receive Breakfast & Lunch for FREE!

Menus as well as other Food service information, including our Non-Discrimination Statement, are Available on line:

[www.lpsma.net/department/foodservice](http://www.lpsma.net/department/foodservice)  
Food service director: Barry Sbordy  
[sbordyb@lpsma.net](mailto:sbordyb@lpsma.net)

Alternate/ Vegetarian meals include: Fruit, Vegetable, Non-fat milk  
Menus are subject to change Without notice.

WG = Whole Grain  
Chicken Entrees raised with No Antibiotics Ever, No MSG and No Trans Fats.  
This institution is an equal Opportunity provider.